# SHEM HIGHLIGHTS

SUSTAINABLE
**HEALTH**EQUITY

Photo by Go to Andrew Neel's profile Andrew Neel

## The Global Health Equity Atlas

The Global Health Equity Atlas offers a comprehensive collection of indicators, tables, maps, and videos, drawing from a dataset of over two million international data points spanning from 1960 to the present day. The data collection process has been led by Dr. Juan Garay, one of the SHEM founders,  and is hosted on the University of the Andes webpage, and also available at the SHEM Equity Concept and Metrics (C&M) Working Group.

The Global Health Equity Atlas is an essential tool that consolidates over a decade of dedicated work in the field of global health equity. This resource will facilitate the analysis of health equity, catering to academics, decision-makers, and individuals committed to advancing health as a basic human right.

It provides an insightful view of health disparities, taking into account geographical, socioeconomic, and ecological factors. Users can analyze patterns and trends within the data to make informed decisions and advocate for more equitable healthcare systems.

Asked about the relevance of this initiative in the fight against global inequalities,  Professor Garay responded poetically:

"*We cannot close our eyes, for we would stop thinking, we cannot shut our mouths for we would give up our freedom, we cannot drop our arms in complacency with what is not fair, as we would lose our dignity.*"

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### CHECK SOME OF THE INSTRUCTIONAL VIDEOS LAUNCHED WITH THE ATLAS
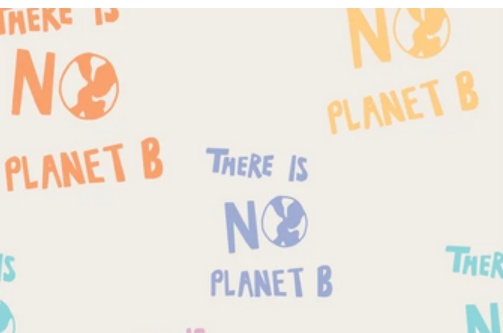
**Equity vs Development Cooperation**

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**Sustainable and equitable wellbeing index 1961 - 2020**

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**Ecological footprint per capita per year 1961 -  2020**

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**Wealth per capita in 2020**

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## News from the field

### IN SEARCH OF BALANCE IN A WORLD IN CONFLICT: CHALLENGES FOR HUMAN RIGHTS AND MENTAL HEALTH IN TIMES OF WAR

The global efforts of civil society organizations during this month paid special attention to issues related to war, humanitarian crises, migration, climate change, and mental health. The WFPHA published an article on migration as a strategy to adapt to the climate crisis and as a public health imperative. Médecins Sans Frontières and the Progressive International criticized the agreement signed among European Union countries. Both organizations see this new agreement represents a serious political disregard for the protection of human lives by adopting even stricter measures.

On World Mental Health Day, the WFPHA published a statement emphasizing mental health as a universal human right. Greenpeace highlighted ways to take care of mental health and the planet. The World Heart Federation stressed that mental health conditions can lead to the onset of cardiovascular problems. The International Federation of Social Workers emphasizes the collective commitment of social workers to promote mental well-being and accessibility to health services for all individuals. Finally, CARE International encouraged individuals and organizations worldwide to engage in conversations and initiatives promoting mental well-being.

Regarding actions for the climate crisis, Oxfam initiated a massive campaign called #MakeRichPollutersPay urging governments to reduce the emissions of the richest individuals. Greenpeace also supported the movement, highlighting the urgent need to support communities affected by the impacts of the climate crisis.

Several civil society organizations quickly mobilized in favor of humanitarian issues that arose from the war between Israel and Hamas, advocating for an end of attacks on civilians and demanding urgent humanitarian assistance from the international community... ( keep reading **here**).

## VIDEO

**Transformation of Food Systems in the World and in the Americas**

## PODCAST

**Spartan Nurse Podcast: Recognizing World Mental Health Day**

## ARTICLES

**Time to Treat the Climate and Nature Crisis as One Indivisible Global Health Emergency**

**Investigating the Mental Health Impacts of Climate Change in Youth**

# ENDEAVOURS

The Health Equity Network of the Americas (HENA) hosted the First Meeting for Young Professionals and Researchers, under the general theme of "Local Knowledge for Global Transformation," on October 19.

The aim was to develop a strategy for articulating young professionals, and local, regional, and global actors with the ultimate goal of addressing the main challenges and priorities in the equity-promoting agenda.

64 young people from 29 organizations from Costa Rica, Mexico, Peru, Bolivia, Cuba, Puerto Rico, Brazil, Colombia, El Salvador, Kenya, and Norway attended the meeting and discussed topics such as habitation in public spaces, ensuring sexual and reproductive rights for Afro-Peruvian women, indigenous oral health, and internship and research opportunities for young professionals.

As a research and practice community, these new voices can introduce creative approaches to leading to cooperation in addressing challenging scenarios.

Together, they can push for better leadership, creative problem-solving, gathering useful data, tackling social issues and their connections, sharing knowledge, boosting skills, and creating meaningful changes.

**HENA**
Health Equity Network of the Americas

## Discover HENA

# POINT OF VIEW

**READ SHEM MEMBERS' PUBLICATIONS AND RECCOMMENDATIONS**

## Global Health Inequity 1960-2020
Juan Garay, Nefer Kelley, David Chiriboga, Adam Garay

## Parar a violência e socorrer as vítimas

## End the violence and help the victims in Gaza
Paulo Buss, Santiago Alcazar, Luis Eugenio Souza

## JOIN SHEM

**sustainablehealthequity.org**     **shequitymov**     **SustainibleHealthEquity**

At SHEM we link citizens, public health and healthcare advocates, scientists, academics, and related institutions from all regions, cultures, and ideologies pursuing the universal right to health. We aim to promote sustainable health equity as an ethical principle that guides all national and international economic, social, and environmental policies.